



# Patient Intake Form

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Name: \_\_\_\_\_  
*First Last MI*

Date of Birth: \_\_\_\_\_ Email: \_\_\_\_\_  
*Month/Day/Year*

Home Address: \_\_\_\_\_  
*Street/Apt # City State Zip Code*

Employer Name: \_\_\_\_\_ Work Address: \_\_\_\_\_  
*If student, retired, or unemployed, please indicate that above Street City*

Phone Numbers: \_\_\_\_\_  
*Preferred Secondary*

Emergency Contact: \_\_\_\_\_  
*Name Relationship Phone Number*

Prescribing Physician: \_\_\_\_\_  
*(If you have one) Name Office Name Phone Number*

Primary Care Physician: \_\_\_\_\_  
*Name Phone Number*

## How did you hear about us?

- Prescribing Physician
- Someone Else: \_\_\_\_\_
- Self *If Self, please select below:*
  - Clinic Website
  - Facebook
  - Google
  - Therapydia
  - Yelp
  - Other Website: \_\_\_\_\_
  - Follow-Up Visit / Repeat Patient
  - Clinic Storefront
  - Advertisement
  - Direct Mail
  - Event: \_\_\_\_\_

## Your Goals

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What are your goals for treatment?: \_\_\_\_\_

Is there anything else you would like to ask your PT?: \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# Medical History

Sex: \_\_\_\_\_ Preferred Pronoun: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

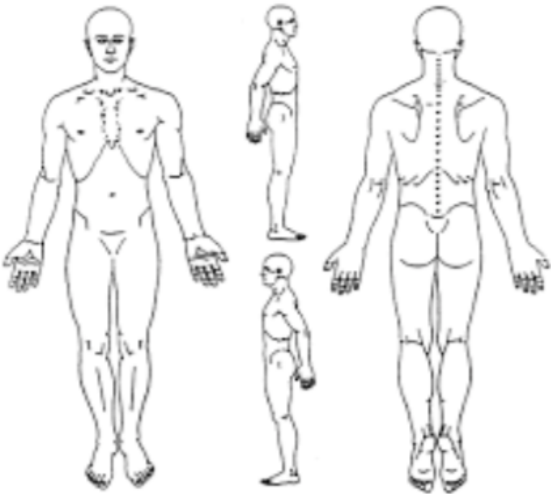
Type of Injury: \_\_\_\_\_ Onset/Injury Date: \_\_\_\_\_

Did your injury occur as result of an accident?:  Yes  No If yes, please select:  Work  Auto

Previous treatment for this injury: \_\_\_\_\_

Have you had physical therapy treatment this year?  Yes  No If yes, how many visits: \_\_\_\_\_

Please mark your area(s) of concern on the body chart:



**Have you recently noticed:**

- Significant Weight Change
- Significant Weakness
- Fatigue
- Nausea/Vomiting
- Headaches
- Numbness/Tingling
- Cramping
- Vision/Hearing Changes

**Do you have or ever had:**

- Asthma
- Cancer
- Diabetes (Type 1)
- Diabetes (Type 2)
- Fractures
- Heart Problems
- High Blood Pressure
- Multiple Sclerosis
- Osteoarthritis
- Osteoporosis
- Parkinson's Disease
- Rheumatoid Arthritis
- Stroke
- Thyroid Problems
- Allergies: \_\_\_\_\_
- Emotional/Psychological: \_\_\_\_\_
- Chemical Dependency: \_\_\_\_\_
- Other: \_\_\_\_\_

Rate your current pain level for the condition, 0-10, 0 = no pain, 10 = severe pain: \_\_\_\_\_

Please list any recent imaging:

X ray date: \_\_\_\_\_ MRI Date: \_\_\_\_\_ CT Scan Date: \_\_\_\_\_ Other: \_\_\_\_\_

Are you currently taking medications?  Yes  No Name or Type of medication: \_\_\_\_\_

How would you rate your overall health?:  Excellent  Good  Fair  Poor

How would you rate your strength?:  Excellent  Good  Fair  Poor

How would you rate your flexibility?:  Excellent  Good  Fair  Poor

## Pelvic History

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1. Describe the current problem that brought you here? \_\_\_\_\_

2. When did your problem first begin? \_\_\_\_\_

3. Was your first episode of the problem related to a specific incident? Yes/No

Please describe and specify date: \_\_\_\_\_

4. Since that time is it: staying the \_\_\_\_\_ same \_\_\_\_\_ getting worse \_\_\_\_\_ getting better

5. If pain is present rate pain on a 0-10 scale 10 being the worst. \_\_\_\_\_

6. Describe the nature of the pain (i.e. constant burning, intermittent ache) \_\_\_\_\_

7. Activities/events that cause or aggravate your symptoms. Check/circle all that apply

Sitting greater than \_\_\_\_\_ minutes

With cough/sneeze/straining

Walking greater than \_\_\_\_\_ minutes

With laughing/yelling

Standing greater than \_\_\_\_\_ minutes

With lifting/bending

Changing positions (ie. - sit to stand)

With cold weather

Light activity (light housework)

With triggers i.e. /key in door

Vigorous activity/exercise (run/weight lift/jump)

With nervousness/anxiety

Sexual activity

No activity affects the problem

Other, please list \_\_\_\_\_

8. What relieves your symptoms? \_\_\_\_\_

9. Rate the severity of this problem from 0 -10 with 0 being no problem and 10 being the worst \_\_\_\_\_



**Have you ever had any of the following conditions or diagnoses? Circle all that apply**

- |                            |                          |                                 |
|----------------------------|--------------------------|---------------------------------|
| Cancer                     | Stroke                   | Emphysema/chronic bronchitis    |
| Heart problems             | Epilepsy/seizures        | Asthma                          |
| High Blood Pressure        | Multiple sclerosis       | Allergies-list below            |
| Ankle swelling             | Head Injury              | Latex sensitivity               |
| Anemia                     | Osteoporosis             | Hypothyroid/ Hyperthyroid       |
| Low back pain              | Chronic Fatigue Syndrome | Headaches                       |
| Sacroiliac/Tailbone pain   | Fibromyalgia             | Diabetes                        |
| Alcoholism/Drug problem    | Arthritic conditions     | Kidney disease                  |
| Childhood bladder problems | Stress fracture          | Irritable Bowel Syndrome        |
| Depression                 | Acid Reflux /Belching    | Hepatitis                       |
| Anorexia/bulimia           | Joint Replacement        | Sexually transmitted disease    |
| Smoking history            | Bone Fracture            | Physical or Sexual abuse        |
| Vision/eye problems        | Sports Injuries          | Raynaud's (cold hands and feet) |
| Hearing loss/problems      | TMJ/ neck pain           | Pelvic pain                     |
- Other/Describe \_\_\_\_\_

**Surgical /Procedure History**

- |     |                                |     |                                   |
|-----|--------------------------------|-----|-----------------------------------|
| Y/N | Surgery for your back/spine    | Y/N | Surgery for your bladder/prostate |
| Y/N | Surgery for your brain         | Y/N | Surgery for your bones/joints     |
| Y/N | Surgery for your female organs | Y/N | Surgery for your abdominal organs |
- Other/describe \_\_\_\_\_

Ob/Gyn History (females only)

- |     |                                       |     |                             |
|-----|---------------------------------------|-----|-----------------------------|
| Y/N | Childbirth vaginal deliveries # _____ | Y/N | Vaginal dryness             |
| Y/N | Episiotomy # _____                    | Y/N | Painful periods             |
| Y/N | C-Section # _____                     | Y/N | Menopause - when? _____     |
| Y/N | Difficult childbirth # _____          | Y/N | Painful vaginal penetration |
| Y/N | Prolapse or organ falling out         | Y/N | Pelvic/genital pain         |
- Y/N Other /describe \_\_\_\_\_



Males only

Y/N	Prostate disorders	Y/N	Erectile dysfunction
Y/N	Shy bladder	Y/N	Painful ejaculation
Y/N	Pelvic/genital pain location _____		
Y/N	Other /describe _____		
Medications - pills, injection, patch		Start date _____	Reason for taking _____
_____			
_____			
_____			

**Pelvic Symptom Questionnaire**

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**Bladder / Bowel Habits / Symptoms**

Y/N	Trouble initiating urine stream	Y/N	Blood in stool/feces
Y/N	Urinary intermittent /slow stream	Y/N	Painful bowel movements (BM)
Y/N	Strain or push to empty bladder	Y/N	Trouble feeling bowel urge/fullness
Y/N	Difficulty stopping the urine stream	Y/N	Seepage/loss of BM without awareness
Y/N	Trouble emptying bladder completely	Y/N	Trouble controlling bowel urge
Y/N	Blood in urine	Y/N	Trouble holding back gas/feces
Y/N	Dribbling after urination	Y/N	Trouble emptying bowel completely
Y/N	Constant urine leakage	Y/N	Need to support/touch to complete BM
Y/N	Trouble feeling bladder urge/fullness	Y/N	Staining of underwear after BM
Y/N	Recurrent bladder infections	Y/N	Constipation/straining _____ % of time
Y/N	Painful urination	Y/N	Current laxative use -type _____
Y/N	Other/describe _____		

Describe typical position for emptying: \_\_\_\_\_

9. Rate a feeling of organ "falling out" / prolapse or pelvic heaviness/pressure:

- \_\_\_ None present
- \_\_\_ Times per month (specify if related to activity or your menstrual period)
- \_\_\_ With standing for \_\_\_\_\_ minutes or \_\_\_\_\_ hours.
- \_\_\_ With exertion or straining
- \_\_\_ Other \_\_\_\_\_



10a. Bladder leakage - number of episodes

- No leakage
- Times per day
- Times per week
- Times per month
- Only with physical exertion/cough

10b. Bowel leakage - number of episodes

- No leakage
- Times per day
- Times per week
- Times per month
- Only with exertion/strong urge

11a. On average, how much urine do you leak?

- No leakage
- Just a few drops
- Wets underwear
- Wets outerwear
- Wets the floor

11b. How much stool do you lose?

- No leakage
- Stool staining
- Small amount in underwear
- Complete emptying
- Other \_\_\_\_\_

12. What form of protection do you wear? (Please complete only one)

- None
- Minimal protection (tissue paper/paper towel/pantishields)
- Moderate protection (absorbent product, maxi pad)
- Maximum protection (specialty product/diaper)
- Other \_\_\_\_\_

On average, how many pad/protection changes are required in 24 hours? \_\_\_\_\_ # of pads

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_



## Office Policies

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**CONSENT FOR TREATMENT:** I hereby agree and give my consent for Therapydia to provide physical therapy care and treatment considered necessary and proper in evaluating or treating my physical condition. This consent is intended as a waiver of liability for such treatment except acts of negligence. \_\_\_\_\_(initial)

**PARENTAL CONSENT FOR TREATMENT (UNDER 18):** As parent and/or legal guardian of \_\_\_\_\_, I authorize Therapydia to treat while I am not present.

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

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**CANCELLATIONS AND NO-SHOWS:** Appointments cancelled with less than 24 business-hours notice will be subject to a fee of \$100, which is not reimbursable by insurance, and will be automatically charged to the credit card provided. If you have a Monday appointment but cancel after our office closes on Friday, this will be considered a late cancel. \_\_\_\_\_(initial)

**LATE ARRIVALS:** Arriving 10 or more minutes late to a 30 minute appointment will be considered a no-show and will be subject to a fee of \$100. Arriving 15 or more minutes late to a 40+ minute appointment will be considered a no-show and will be subject to a fee of \$100. \_\_\_\_\_(initial)

**PAYMENT DUE AT TIME OF SERVICE:** "I understand that payment of deductible, co-payment or co-insurance is due at the time of service." Our office will provide you with a QUOTE of benefits, however, we cannot guarantee your benefits. Please note we have a return check fee of \$35 dollars. We will collect your copay/coinsurance at each visit. In addition, Therapydia will provide a current account balance at each visit that may be paid by credit card, check or cash. You will also receive a monthly account statement. Therapydia stores credit card information securely and will automatically charge balances older than 30 days. If you have questions regarding your balance, please call our office manager as soon as possible. If you have a balance > 61 days past due, you will be contacted by our billing company, as a reminder to pay your bill. If after multiple attempts to reach you and you have taken no action to pay your bill, your overdue balance may be sent to collections. \_\_\_\_\_(initial)

**ASSIGNMENT OF BENEFITS:** I understand and authorize the release of medical information to file health insurance claims for me by Therapydia. I also authorize my insurance provider(s) to pay Therapydia directly. \_\_\_\_\_(initial)

**INSURANCE BENEFITS:** It is your responsibility to know your benefit information and you are ultimately financially responsible for all services rendered to you. As a courtesy, we will call to verify coverage prior to your first appointment and will verbally summarize this information, if you have provided your insurance information to our office. We will also provide a written summary at your first visit. This is only an explanation of coverage obtained from your insurance company and is not a guarantee of coverage. If the information provided by your insurance company is inaccurate or the insurance company changes its coverage, you will be financially responsible for payment for services and any charges not covered by your insurance plan. You further understand that this agreement is binding regardless of any legal transaction currently in progress or initiated during or after the course of your treatments unless agreed to in writing by yourself and a representative of Therapydia. Please note that what we collect in the office may only be a portion of your balance. Actual patient responsibility can only be determined once your insurance company has processed a claim. If you have further financial obligation than what we collected in the office, you will receive a statement from our billing company to be paid in full within 30 days. If your statement is not paid within 30 days, your balance will be automatically charged to the credit card provided. If your account is deferred to a collection agency, you agree to pay all collection costs incurred. \_\_\_\_\_(initial)

**BILLING FOR WORKERS' COMPENSATION OR AUTO POLICY:** Therapydia will only bill your auto policy if one exists for the injury listed. We can bill your commercial insurance only if a claim is reported to the subrogation department of your carrier and it is provided to us in writing that this has been done.

**SELF-PAY:** For clients without insurance or who wish to submit to their insurance directly, Therapydia offers a time of service rate. While rates are subject to change, advance notice will be provided.

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I have read and understand the above information and I understand my responsibility for the payment of my account.

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_



*This notice describes how medical information about you may be used and disclosed, and how you can get access to this information. Please review it carefully.*

## **USES AND DISCLOSURES OF YOUR MEDICAL INFORMATION**

**Treatment:** We may use medical information about you to provide you with medical treatment or services.

**Payment:** We may use and disclose medical information about you so that the treatment and services you receive at our practice may be billed to and payment may be collected from you, an insurance company, or a third party.

**Health Care Operations:** We may use and disclose health information about you for operations of our health care practice.

**Individuals Involved in Your Care or Payment for Your Care:** We may release medical information about you to a friend or family member who is involved in your medical care.

**Health-Related Services and Treatment Alternatives:** We may use and disclose health information to tell you about health-related services or recommend possible treatment options or alternatives that may be of interest to you.

**As Required By Law:** We will disclose medical information about you when required to do so by federal, state, or local law.

**To Avert a Serious Threat to Health or Safety:** We may use and disclose medical information about you when necessary to prevent a serious threat to your health and safety or the health and safety of the public or another person.

**Military and Veterans:** If you are a member of the armed forces, we may release medical information about you as required by military command authorities.

**Worker's Compensation:** We may release medical information about you for workers' compensation or similar programs.

**Public Health Risks:** We may disclose medical information about you for public health activities.

**Health Oversight Activities:** We may disclose medical information to a health oversight agency for activities authorized by law.

**Lawsuits and Disputes:** If you are involved in a lawsuit or a dispute, we may disclose medical information about you in response to a court or administrative order.

**Law Enforcement:** We may release medical information if asked to do so by law enforcement officials.

**Coroners, Medical Examiners and Funeral Directors:** We may release medical information to a coroner or medical examiner.

**National Security and Intelligence Activities:** We may release medical information about you to authorized federal officials for intelligence, counterintelligence, and other national security activities authorized by law.

**Protective Services for the President and Others:** We may disclose medical information about you to authorized federal officials so they may provide protection to the President, other authorized persons of foreign heads of state or conduct special investigations.





**Inmates:** If you are an inmate of a correctional institution or under the custody of a law enforcement official, we may release medical information about you to the correctional institution or law enforcement official.

**Your Right to Inspect and Copy:** To inspect and copy your medical information, you must submit your request in writing. We may deny your request to inspect and copy, in limited circumstances. If you are denied access to medical information, you may request in writing, that the denial be reviewed.

**Your Right to Amend:** If you feel that medical information we have about you is incorrect or incomplete, you may request an amendment in writing. Your request may be denied if you do not include a reason to support the request.

**Your Right to an Accounting of Disclosures:** You have the right to request in writing, a list of accounting for any disclosures of your medical information we have made, except for uses and disclosures for treatment, payment, and health care operations, as previously described.

**Your Right to Request Restrictions:** You have the right to request a restriction or limitation on the medical information we use or disclose about you for treatment, payment, or health care operations. We are not required to agree to your request.

**Your Right to Request Confidential Communications:** You have the right to request in writing that we communicate with you about medical matters in a certain way or at a certain location.

**Your Right to a Paper Copy of This Notice:** You have the right to a paper copy of this notice at any time.

**Changes to this Notice:** We reserve the right to change this notice, and will post the current notice in our facility.

**Complaints:** If you believe your privacy rights have been violated, you may file a complaint with the practice or with the Security of the Department of Health and Human Services.

**Other uses of Medical Information:** Other uses and disclosures of medical information not covered by this notice or the laws that apply to us will be made only with your written permission. If you provide us permission to use or disclose medical information about you, you may revoke that permission, in writing, at any time. If you revoke your permission, we will no longer use or disclose medical information about you for the reasons covered by your written authorization. You understand that we are unable to take back any disclosures we have already made with your permission, and that we are required to retain our records of the care that we provided to you.



**NOTICE OF PRIVACY PRACTICES FOR PROTECTED HEALTH INFORMATION  
HEALTH INSURANCE PORTABILITY & ACCOUNTABILITY ACT OF 1996 (HIPAA)**

Due to increased awareness of the need for more strict guidelines regarding privacy of your protected health information, the Health Insurance Portability & Accountability Act of 1996 (HIPAA) was legislated, effective April 14, 2003. As part of this law, Therapydia is required to provide you with the option of receiving a copy of this Notice. You are able to receive this Notice either electronically or on paper.

**If you decline to receive a paper copy of such Notice at this time, please sign under the Waiver section below, knowing it is available to you in the future should you wish to receive it. If you wish to receive a paper copy of the Notice, please sign under the Acknowledgement section below.**

**Waiver (Receive HIPAA Electronically)**

I, the undersigned, am aware of my right to receive a paper copy of the above Notice and have declined such Notice. I am aware that this Notice is available to me online at Therapydia's website, [www.therapydia.com](http://www.therapydia.com), and I choose to receive such Notice electronically. I understand that it is my responsibility to read and be aware of these rights as outlined in the Notice.

Print Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date Signed: \_\_\_\_\_

**Acknowledgement (Receive HIPAA Paper Copy)**

I, the undersigned, acknowledge with my signature that I have received a paper copy of the abovementioned Notice. I understand that it is my responsibility to read and be aware of these rights as outlined in the Notice.

Print Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date Signed: \_\_\_\_\_